



Perryfields Junior School

The Friday Flyer

Week 12 – November 2024

Headteacher's Message

Dear Parents and Carers,

This week, our Year 5 pupils had the fantastic opportunity to see Dick Whittington performed by The Boswells School. The children returned buzzing with inspiration and enthusiasm. A huge thank you to The Boswells School for putting on such an engaging performance- it's wonderful to see the arts sparking creativity in our students.

Years 3, 4, and 5 have been hard at work this week, demonstrating tremendous resilience as they tackled their summative assessments, which showcased their learning and growth over the term. Well done to all our pupils for their focus and determination- your hard work is truly appreciated.

On Wednesday, we completed our scheduled lockdown drill, and we are proud to report that it was a great success. The children were incredibly sensible and calm throughout, representing their understanding of the importance of staying safe. A big thank you to everyone for their cooperation and maturity.

Our upper school football club represented us brilliantly at a county tournament this week. Facing tough opposition, they played with skill, teamwork, and sportsmanship- going the entire tournament without losing a single match! We are so proud of these great athletes and ambassadors for our school.

Year 3 welcomed Essex Fire and Rescue for a session on home safety. The children learned valuable tips on how to stay safe at home, including fire prevention and emergency procedures. As always, their enthusiasm and engagement made us proud.

It's been a packed week of learning, growth, and achievements. Thank you to all our staff, students, and families for your continued support.

Samantha Edwards



Pupil of the Week

Cowell: Tin Sum
Seuss: Elif
Walliams: Smyuti
Lewis: Seren
Dahl: Oscar
Rowling: Ollie
Tolkien: Ryan
Morpurgo: Anwen
Pullman: Edson

Award for
Outstanding Manners
Daniel – Cowell Class
Harry – Seuss Class

PE Award
Callum – Tolkien Class

Spelling Award
Dahl Class

Mrs Siddall's Attendance Award
Pullman Class – 98.9%

ATTENDANCE

The national expectation for attendance is 96%. The government has clarified the position regarding the term 'regular' attendance. It means children must be in school **EVERY DAY**. Every second counts at Perryfields. We **must** work together to improve attendance and punctuality even more.

Year 3	96.4%
Year 4	97.8%
Year 5	96.7%
Year 6	96.7%



Coming Up This Term

Tuesday 3 rd December	Last teacher clubs apart from choir (this will finish on Tuesday 10 th December)
Friday 6 th December	After school sports clubs finish. EPC Football/Dance & LAMDA finish the following week
Monday 9 th December	School Choir to visit Lawns Care Home – email sent 28 th November
Thursday 12 th December	Whole School Pantomime Trip
Friday 13 th December	Before school clubs finish. EPC Football/Dance & LAMDA now finished
Friday 13 th December	Christmas Dinner – email sent 18 th November. If you have not ordered a Christmas dinner please provide your child with a packed lunch on the day.
Friday 13 th December	Christmas Jumper – Save the Children. Please donate £1 through your ScoPay account
Friday 13 th December	Christmas Fayre – Please join us from 3.30pm
Monday 16 th December	Bauble Workshops Whole School – email sent 21 st November. Please make your £3 donation through your ScoPay account
Tuesday 17 th December	Year 4 Christmas Service. Please join us at 9.10am – email sent 29 th November
Thursday 19 th December	School Ends – Early finish at 1.30pm

Parents of current Year 2 children at an infant school need to make a formal application to the Council for a Year 3 place and can do so via the website www.essex.gov.uk/admissions.

The junior admission round opened on **4 November 2024**, for parents of children in Year 2 at an infant school to apply for a junior school (Year 3) place for September 2025.

The statutory national closing date for applications is **15 January 2025**.

Applications can be made online via www.essex.gov.uk/admissions.

All of the application information is available on the website above.

Please see below our NEW menu.

Please note that we can also provide a packed lunch if your child would prefer this. This will be either the baguette, wrap or soft roll and also includes a drink, fruit, cucumber sticks and the dessert of the day.

Menu Winter Term starting 04/11/24

Week: One



Meat	Pepperoni pizza	Chicken Chunks	Mini toad in the hole	Cheese & Potato Wheels	Omega 3 Fish Fingers
Vegetarian	Cheese & Tomato	Quorn dippers	Mini Quorn in the hole	Cheddar Cheese Wheels	Cheese Quesadillas
Gluten Free	As above	Chicken Goujons (if available)	Mini toad in the hole	As Above	Fish Fingers
Jacket Potato	Cheese & Beans	Tuna & Beans	Cheese & Tuna	Beans & Cheese	Tuna/Cheese & Beans
Side Dish	Pasta salad	Noodles Choice of sweet 'n' Sour or BBQ Sauce	Mash Potatoes Gravy	Wedges & Bean	Chips & Beans
Vegetables	Sweetcorn & Salad bar	Salad bar & Peas	Country mixed Veg	Salad bar	Salad bar
Packed Lunch	Wraps	Baguettes	Baguettes	Baguettes	wraps
Dessert	Fresh Fruit or Yoghurt	Schools choice of sponge Cake	Chocolate Flapjack	Fresh Fruit or Yoghurt	Chocolate Anzacs
Drinks	Milk or Water	Milk or Water	Milk or Water	Milk & Water	Milk or Water

A Note on Dangerous Gifts - Child Accident Prevention Trust

December is on the horizon. Families around the country are already putting up Christmas trees and tinsel is starting to grace our high streets. Before long mince pies, Mariah Carey and mysteriously familiar Santa Clauses will make their way into our lives. This is all in good fun, and children from Lands End to John O'Groats look forward to the build up to Christmas all year. However, not all presents are created equally. More than ever our Christmas shopping is done online from an increasingly varied list of providers. From imitation manufacturers, to sellers' platforms like Etsy and to third party small businesses that use known provider logistics services, we're all trusting people ever further removed from us to provide high quality goods. Unfortunately, this is far from guaranteed. Production firms abroad or within a 'cottage industry' may not have the strict manufacturing standards applied in the UK, or expected as industry standard. The Child Accident Prevention Trust has published a list of eight gifts most likely to cause an accident this year. If interested please follow the link below. It's always important to remember that prevention is always better than repairing.

<https://capt.org.uk/8-dangerous-gifts-to-avoid-this-christmas/>



Publish date: 06/02/19

What parents need to know about AGE RATINGS



If you have children, it is understandable to have concerns about the films and TV shows they watch, as well as the games they play. In this guide, we take a look at the two official ways you can assess if a particular title is suitable for your child. Both the BBFC and PEGI have search facilities on their websites that can be used to look up individual titles so you can check their ratings.



RATINGS FOR FILMS, TV & MUSIC VIDEOS

Since 1912, the BBFC (British Board of Film Classification) has informed UK residents of the age suitability of films, TV and music videos - providing parents with the information needed to assess whether or not it is appropriate for their child's age. This applies to cinema releases, DVDs and streaming video services such as Netflix.

WHAT ARE THE BBFC RATINGS?

BBFC ratings are broken down into seven age categories:

Universal, suitable for all ages	Parental Guidance required	Suitable for people aged 12 and over	Suitable for people aged 12 and over, younger must be accompanied by an adult
Suitable for people aged 15 and over	Suitable for people aged 18 and over	Adult content only available in specially licensed cinemas and specialist retailers	

WHAT ELSE CAN BBFC REVEAL?

Accompanied with the age suitability rating, BBFC also provide an additional warning regarding the content and what to expect, such as swearing, sexual content, violence and anything you may consider to be inappropriate for your child. In addition to this, the content is also rated in three levels: frequent, mild or strong.

LIMITATIONS OF BBFC RATINGS

It's important to note that there is no obligation on streaming video services to use or display BBFC ratings. Due to this, we advise that you check the rating online before your child streams the content. It may also be a good idea to watch the content first yourself or discuss it with other parents to help you decide whether or not it is suitable for your child.

Source: www.bbfc.co.uk

RATINGS FOR GAMES

PEGI (Pan European Game Information) is a content rating system that ensures all video games are labelled with a minimum age recommendation. These age recommendations are based on the types of content featured within a game. With each game, PEGI also provide a content descriptor that indicates the potential issues and concerns, including sex, violence, bad language and drugs.

WHAT ARE THE PEGI RATINGS?

PEGI ratings are split into age restriction and content descriptors. Additional 'content descriptors' help parents and children to understand the type of content featured within a particular game, including sex, fear, bad language, discrimination, gambling, drugs, violence, and in-game purchases. In combination, the two different ratings can provide a good level of information to help make informed decisions regarding the suitability for your child.

PEGI age ratings are broken down into five categories:

www.pegi.info	www.pegi.info	www.pegi.info	www.pegi.info	www.pegi.info
--	--	--	--	--

PEGI content descriptors are broken down into eight categories:



LIMITATIONS OF PEGI RATINGS

It's possible for young people to buy games online without a required proof of age, opening them up to age-inappropriate content without you knowing. We advise that you regularly monitor your child's gaming activities and maintain a honest and healthy dialogue with them about the online world.

PARENTAL CONTROLS

It is a good idea to put in place parental controls for all online accounts which your child may use to purchase or download online games e.g. The App Store, Google Play Store, PlayStation Store and Microsoft Xbox Store etc.

Source: www.pegi.info

Essex

ACTIVate

**Free holiday clubs, fun activities and food
across Essex and Thurrock!**

- ✓ Specialist SEND, mental wellbeing and youth clubs
- ✓ Sports and games, arts and crafts, cooking and so much more!
- ✓ Nutritious snacks and tasty meals
- ✓ Run by qualified, local club providers
- ✓ Family support, resources and guidance
- ✓ Discretionary paid and paid for spaces

WHAT IS ESSEX ACTIVATE?

Essex ActivAte is the name for the exciting activity clubs run by Active Essex! During school holidays, local club providers across the county deliver free holiday clubs and fun activities to get eligible primary and secondary children active, as well as support young people to make friendships and learn new skills, helping to enhance their wellbeing.

Please only book your child/ren a space at an Essex ActivAte club if they will attend. If they are booked on and do not attend, other children may miss out on this beneficial opportunity across the holidays.

www.activeessex.org



@EssexActivAte



Turn this flyer over
to read more on how
to book a space!

SCAN ME





HolidayActivities

A guide on claiming your voucher and booking activities

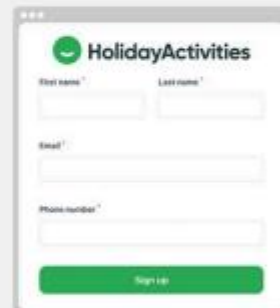
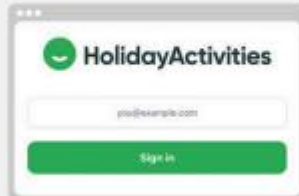
Step 1 - Open the email and click the green button

This voucher will come from hello@holidayactivities.com



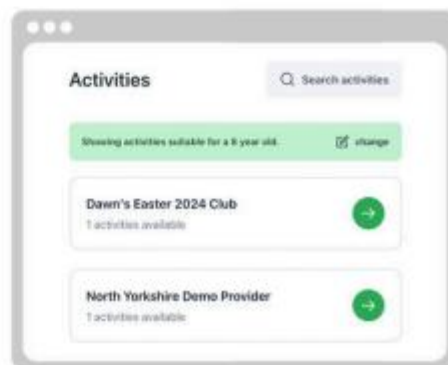
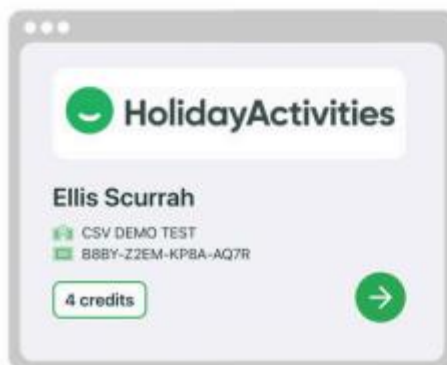
Step 2 - Select *Continue with email* and log in/sign up

After selecting Continue with email, you will be asked to enter your email address. If you do not have an account, you will be asked to sign up



Step 3 - Making a booking

Clicking the green arrow on the voucher of your child will take you to a list of providers. From here, you can browse available activities and, once you find one suitable, you will be asked to complete a booking form.



FREE
until
JAN 25



Understanding the Teenage Brain
Watch this recorded session in your own time, to learn why our teens think, feel and behave very differently from adults and how we can support them.

Thursday
5th Dec
19:00 - 21:00
£24



Supporting a Child with ADHD

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
17th Dec
19:00 - 21:00
£24



Facing Defiance

Effective interventions for handling defiant behaviour. ADHD, ODD and PDA relevant as well as regular challenging behaviour. Introduction to the FACE programme - Facing Defiance - 6 week course

Tuesday
7th Jan
19:00 - 21:00
£24



Anxiety-Based School Avoidance

Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

Thursday
9 Jan
19:00 - 21:00
£24



AUTISM:

Improving Communication

Looking at how small changes in how we communicate with children on the spectrum can lead to big improvements.

WINTER TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each

If you can't make the date ask for the link to the recording, available for 48 hours afterwards

Book online at facefamilyadvice.co.uk

go to the PARENT page

FREE - Decreasing Depression FREE - Anxiety Explained	25 NOV 20 JAN
What is ACT?	26 NOV, 21 JAN
Understanding Addictive Behaviour	28 NOV
Supporting a Child with ADHD	5 DEC, 2 JAN
Understanding Anger	16 DEC, 13 JAN
Facing Defiance	17 DEC, 14 JAN
Supporting Healthy Screen Use	19 DEC, 16 JAN
Anxiety-Based School Avoidance	7 JAN
AUTISM: Improving Communication	9 JAN
Raising Self-Esteem	27 JAN
Supporting Healthy Sleep	28 JAN
Improving Family Communication	4 FEB
Introduction to OCD	18 FEB

**VISION
ZERO** 
NO ROAD DEATHS



**What is an
e-scooter?**



 **SAFERESSEX**
roads partnership

The rules

Electrically powered scooters are classed as a mechanically propelled vehicle, which means the same rules apply to e-scooters as other motor vehicles. These rules also apply to other personal electric transporters, with the exception of mobility scooters. Electric scooters are treated the same as any other motorised vehicle, this means they must have MOT, Vehicle Excise Duty ("tax") and insurance.

In order to obtain an MOT and insurance to be used legally in public, an e-scooter must be approved by the Vehicle Certification Agency for its construction and use for transport on the public highway.

No such approval exists for privately owned e-scooters. If you are using a private e-scooter on public roads, or footways, the police can seize it and you could be liable for prosecution for traffic offences, and even receive points on your licence.

Risks include:

- Lack of maintenance affecting braking and tyre performance.
- Charging of devices in the home introduces fire risk, especially if batteries have become damaged or wet.
- Scooters can easily over balance on bumps or holes due to their small wheels.
- Handling can be unpredictable, especially when reacting to hazards.
- There can be a temptation to ride while intoxicated or distracted.



Renting

A number of rental schemes have been set up in towns and cities in the UK, including Basildon, Chelmsford, Braintree and Colchester in Essex. These schemes allow people to use rented e-scooters legally.

To use these schemes, you must:

- Be aged 18 or over.
- Hold a UK driving licence.
- Only ride on roads and cycle-paths within the hire scheme areas, pavement riding is not permitted.
- Not carry passengers or allow others to use a scooter you have hired. Wearing a helmet is highly recommended, and riders have the same responsibility to obey traffic laws as anyone driving a car.



E-scooters are motor vehicles, so must not be used by children.










VISION ZERO

NO ROAD DEATHS

Visit our website to see the latest information, stories and press releases.

saferessexroads.org/visionzero

Please get involved

-  Learn more about safe road use on our website saferessexroads.org
-  Like/follow/share on our social media channels [@saferessexroads](https://twitter.com/saferessexroads)
-  Talk to family, friends and people in your community about Vision Zero
-  Share ideas about how to make improvements where you live with your local elected representatives
-  Subscribe to updates from us at: saferessexroads.org/news/
-  Submit footage of road traffic offences to our Extra Eyes campaign: saferessexroads.org/extra-eyes/
-  To share any ideas you have about how you might be able to help achieve Vision Zero in your community, please contact us at: SaferEssexRoads@essexhighways.org

Sign the Vision Zero pledge at saferessexroads.org/visionzero/pledge/