



Perryfields Junior School

The Friday Flyer

Week 11 – November 2024

Headteacher's Message

Dear Parents and Carers,

Last Friday, our school community came together in full force to support Children in Need with a fantastic spotty-themed non-uniform day and cake sale. The children looked amazing in their creative spotty outfits, and the generosity shown by everyone was truly heart-warming. From delicious bakes to fun and colourful outfits, we raised around £350 for this important cause. A huge thank you to all the parents, carers, and staff who contributed cakes and to everyone who donated. Together, we've made a big difference for Children in Need!

This week, our Year 5 students have been hard at work crafting gripping suspense stories inspired by their class book, *Groosham Grange* by Anthony Horowitz. Drawing on the eerie atmosphere and mysterious events from the novel, the children have demonstrated fantastic creativity, building tension and intrigue in their writing. From unexpected twists to spine-tingling descriptions, their stories have kept us on the edge of our seats! Well done, Year 5, for embracing the challenge and showcasing such impressive storytelling skills. Keep up the amazing work!

On Thursday, Year 4 truly excelled during the Mighty Oak Public Speaking workshops. This engaging programme aims to inspire and empower children to develop their public speaking skills, and the pupils rose to the challenge brilliantly. Their confidence, creativity, and delivery were nothing short of impressive—well done to all involved!

Although we've had a few sunny moments, the cold and damp weather has firmly set in. Please ensure your children come to school dressed appropriately for the wet conditions, including warm coats and sturdy footwear. Don't forget a full winter PE kit, with tracksuit bottoms and a tracksuit top. Thank you for helping to keep them warm, dry, and ready to learn, no matter the weather.

Samantha Edwards



Pupil of the Week

Cowell: Marcus
Seuss: Leah
Walliams: Charlie
Lewis: Olivia T
Dahl: Beanie
Rowling: Alicia
Tolkien: Hayden
Morpurgo: Reyansh
Pullman: Minnie

Award for
Outstanding Manners
Esther – Walliams Class
Timi – Seuss Class

PE Award
Aiden – Walliams Class

Spelling Award
Dahl Class

Mrs Siddall's Attendance Award
Lewis Class – 99.7%

ATTENDANCE

The national expectation for attendance is 96%. The government has clarified the position regarding the term 'regular' attendance. It means children must be in school **EVERY DAY**. Every second counts at Perryfields. We **must** work together to improve attendance and punctuality even more.

Year 3	96.3%
Year 4	99.1%
Year 5	95.1%
Year 6	97.5%



Coming Up This Term

Tuesday 26 th November	Year 5 at Boswells School to watch Dick Whittington – email sent 18 th November.
Monday 9 th December	School Choir to visit Lawns Care Home – details to follow
Thursday 12 th December	Whole School Pantomime Trip – email sent 18 th September. Please make payment through your ScoPay account
Friday 13 th December	Christmas Dinner – email sent 18 th November. Orders must be placed by Wednesday 27th November on ScoPay. We are unable to accept any late orders.
Friday 13 th December	Christmas Jumper – Save the Children. Please donate £1 through your ScoPay account
Friday 13 th December	Christmas Fayre – (Amended Date) email sent 11 th November
Monday 16 th December	Bauble Workshops Whole School – email sent 21 st November. Please make your £3 donation through your ScoPay account
Tuesday 17 th December	Year 4 Christmas Service – details to follow
Thursday 19 th December	School Ends – Early finish at 1.30pm

Parents of current Year 2 children at an infant school need to make a formal application to the Council for a Year 3 place and can do so via the website www.essex.gov.uk/admissions.

The junior admission round opened on **4 November 2024**, for parents of children in Year 2 at an infant school to apply for a junior school (Year 3) place for September 2025.

The statutory national closing date for applications is **15 January 2025**.

Applications can be made online via www.essex.gov.uk/admissions.

All of the application information is available on the website above.

Please see below our NEW menu.

Please note that we can also provide a packed lunch if your child would prefer this. This will be either the baguette, wrap or soft roll and also includes a drink, fruit, cucumber sticks and the dessert of the day.



	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Jacket Potato Day	Nacho Chicken	Beef bolognese	Chicken Tikka Masala	Burger in a bun
Vegetarian	Jacket Potato Day	Nacho Quorn	Quorn bolognese	Vegetable Tikka Masala	Quorn Burger in a bun
Gluten Free	Jacket Potato Day	Nacho Chicken	Beef bolognese	Chicken Tikka Masala	GF Sausage
Jacket Potato	Bacon, Cheese, Beans, Tuna mayo, Tuna & Sweetcorn	Tuna & Beans	Cheese & Tuna	Beans & Cheese	Tuna/Cheese & Beans
Side Dish		Crispy Cubes & Beans	Garlic bread	Rice & Naan bread	Chips & Beans
Vegetables	Salad bar	Salad bar		Salad bar	Salad bar
Packed Lunch	Baguettes	wraps	Baguettes	Baguettes	wraps
Dessert	Chocolate Brownie	Frest Fruit or Yoghurt	St Clements Cake	Fresh Fruit or Yoghurt	YoYo Cookies
Drinks	Milk or Water	Milk or Water	Milk or Water	Milk or Water	Milk or Water



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What parents need to know about AGE RATINGS

If you have children, it is understandable to have concerns about the films and TV shows they watch, as well as the games they play. In this guide, we take a look at the two official ways you can assess if a particular title is suitable for your child. Both the BBFC and PEGI have search facilities on their websites that can be used to look up individual titles so you can check their ratings.



RATINGS FOR FILMS, TV & MUSIC VIDEOS

Since 1912, the BBFC (British Board of Film Classification) has informed UK residents of the age suitability of films, TV and music videos - providing parents with the information needed to assess whether or not it is appropriate for their child's age. This applies to cinema releases, DVDs and streaming video services such as Netflix.

WHAT ARE THE BBFC RATINGS?

BBFC ratings are broken down into seven age categories:

 Universal, suitable for all ages	 Parental Guidance required	 Suitable for people aged 12 and over	 Suitable for people aged 12 and over, although younger children may be accompanied by an adult
 Suitable for people aged 15 and over	 Suitable for people aged 18 and over	 Adult content only available in specially licenced cinemas and specialist retailers	

WHAT ELSE CAN BBFC REVEAL?

Accompanied with the age suitability rating, BBFC also provide an additional warning regarding the content and what to expect, such as swearing, sexual content, violence and anything you may consider to be inappropriate for your child. In addition to this, the content is also rated in three levels: frequent, mild or strong.

LIMITATIONS OF BBFC RATINGS

It's important to note that there is no obligation on streaming video services to use or display BBFC ratings. Due to this, we advise that you check the rating online before your child streams the content. It may also be a good idea to watch the content first yourself or discuss it with other parents to help you decide whether or not it is suitable for your child.

Source: www.bbfc.co.uk

RATINGS FOR GAMES

PEGI (Pan European Game Information) is a content rating system that ensures all video games are labelled with a minimum age recommendation. These age recommendations are based on the types of content featured within a game. With each game, PEGI also provide a content descriptor that indicates the potential issues and concerns, including sex, violence, bad language and drugs.

WHAT ARE THE PEGI RATINGS?

PEGI ratings are split into age restriction and content descriptors. Additional 'content descriptors' help parents and children to understand the type of content featured within a particular game, including sex, fear, bad language, discrimination, gambling, drugs, violence, and in-game purchases. In combination, the two different ratings can provide a good level of information to help make informed decisions regarding the suitability for your child.

PEGI age ratings are broken down into five categories:

 www.pegi.info	 www.pegi.info	 www.pegi.info	 www.pegi.info	 www.pegi.info
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PEGI content descriptors are broken down into eight categories:



LIMITATIONS OF PEGI RATINGS

It's possible for young people to buy games online without a required proof of age, opening them up to age-inappropriate content without you knowing. We advise that you regularly monitor your child's gaming activities and maintain a honest and healthy dialogue with them about the online world.

PARENTAL CONTROLS

It is a good idea to put in place parental controls for all online accounts which your child may use to purchase or download online games e.g. The App Store, Google Play Store, PlayStation Store and Microsoft Xbox Store etc.

Source: www.pegi.info

Essex

ACTIVate

Free holiday clubs, fun activities and food
across Essex and Thurrock!

- ✓ Specialist SEND, mental wellbeing and youth clubs
- ✓ Sports and games, arts and crafts, cooking and so much more!
- ✓ Nutritious snacks and tasty meals
- ✓ Run by qualified, local club providers
- ✓ Family support, resources and guidance
- ✓ Discretionary paid and paid for spaces

WHAT IS ESSEX ACTIVATE?

Essex ActivAte is the name for the exciting activity clubs run by Active Essex! During school holidays, local club providers across the county deliver free holiday clubs and fun activities to get eligible primary and secondary children active, as well as support young people to make friendships and learn new skills, helping to enhance their wellbeing.

Please only book your child/ren a space at an Essex ActivAte club if they will attend. If they are booked on and do not attend, other children may miss out on this beneficial opportunity across the holidays.

www.activeessex.org



@EssexActivAte



Turn this flyer over
to read more on how
to book a space!

SCAN ME





HolidayActivities

A guide on claiming your voucher and booking activities

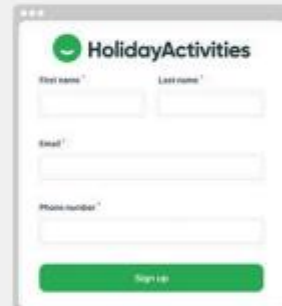
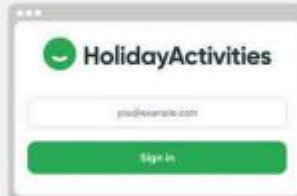
Step 1 - Open the email and click the green button

This voucher will come from hello@holidayactivities.com



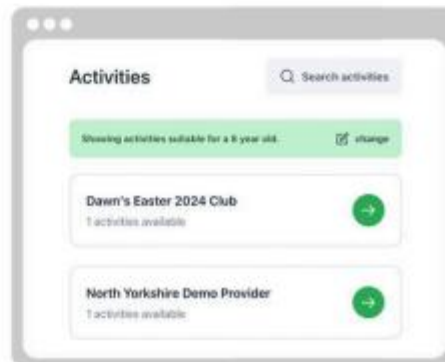
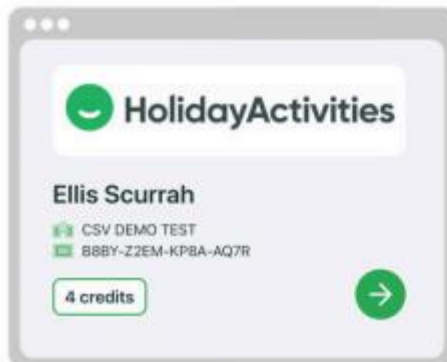
Step 2 - Select *Continue with email* and log in/sign up

After selecting Continue with email, you will be asked to enter your email address. If you do not have an account, you will be asked to sign up



Step 3 - Making a booking

Clicking the green arrow on the voucher of your child will take you to a list of providers. From here, you can browse available activities and, once you find one suitable, you will be asked to complete a booking form.



FREE
until
JAN 25



Understanding the Teenage Brain
Watch this recorded session in your own time, to learn why our teens think, feel and behave very differently from adults and how we can support them.

Thursday
5th Dec
19:00 - 21:00
£24



Supporting a Child with ADHD

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
17th Dec
19:00 - 21:00
£24



Facing Defiance

Effective interventions for handling defiant behaviour. ADHD, ODD and PDA relevant as well as regular challenging behaviour. Introduction to the FACE programme - Facing Defiance - 6 week course

Tuesday
7th Jan
19:00 - 21:00
£24



Anxiety-Based School Avoidance

Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

Thursday
9 Jan
19:00 - 21:00
£24



AUTISM:

Improving Communication

Looking at how small changes in how we communicate with children on the spectrum can lead to big improvements.

WINTER TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each

If you can't make the date ask for the link to the recording, available for 48 hours afterwards

Book online at facefamilyadvice.co.uk

go to the PARENT page

FREE - Decreasing Depression FREE - Anxiety Explained	25 NOV 20 JAN
What is ACT?	26 NOV, 21 JAN
Understanding Addictive Behaviour	28 NOV
Supporting a Child with ADHD	5 DEC, 2 JAN
Understanding Anger	16 DEC, 13 JAN
Facing Defiance	17 DEC, 14 JAN
Supporting Healthy Screen Use	19 DEC, 16 JAN
Anxiety-Based School Avoidance	7 JAN
AUTISM: Improving Communication	9 JAN
Raising Self-Esteem	27 JAN
Supporting Healthy Sleep	28 JAN
Improving Family Communication	4 FEB
Introduction to OCD	18 FEB