



Perryfields Junior School

The Friday Flyer

Week 10 – November 2024

Headteacher's Message

Dear Parents and Carers,

We have been busy...

On Monday, our Year 4 students had an amazing day immersing themselves in the life of Ancient Greece, trying their hand at everyday tasks from that era. They eagerly participated in activities like making medicines, crafting mosaics, creating wax melts, and designing pendants. In the afternoon, they enjoyed an authentic Ancient Greek feast, complete with entertainment—a fantastic way to bring history to life!

Well done to the Year 3 and Year 4 children who attended the inter-school bowls festival on Tuesday. They had a great time and were brilliant ambassadors for our school!

We would like to extend a huge thank you to Mrs. Canty and our School Council for delivering an engaging and informative assembly on anti-bullying. Mrs. Canty reminded everyone of the key definition of bullying, emphasising that a crucial aspect is that it happens repeatedly from the same perpetrator. She also highlighted the impact that bullying can have on others and the importance of kindness in creating a supportive school environment. We were really over-whelmed with the children's mature response to the issues discussed. Great work Perryfields!

As part of Anti-Bullying Week, we celebrated diversity by wearing odd socks to show that it's our unique qualities that make us special! Congratulations to the winners of our Odd Sock Art Competition – your creativity really stood out, and we're proud of everyone who took part in such a positive and inclusive celebration!

It was lovely to welcome our school governors into school on Thursday. Before our curriculum meeting, the governors attended our celebration assembly and then visited some classrooms to see what we have been up to in our English lessons. Our governors were very impressed with the children's outstanding knowledge, confidence and enthusiasm. A huge well done to everyone involved!

Today, we welcomed parents to our Year 3 Enterprise morning where they were immersed in Stone Age life. This was a great opportunity for Year 3 children to show case their leadership skills as they led and promoted Stone -age activities and presentations to parents and all children from year 4-6, a valuable learning experience for us all. A huge well done to everyone involved! Please check Seuss and Cowell class blogs to see this brilliant enrichment.

I hope you have a super weekend- wrap up, stay warm and stay safe!

Samantha Edwards

Pupil of the Week

Cowell: Dillon
Seuss: Anvitha
Walliams: Maisie
Lewis: Luke
Dahl: George
Rowling: Ananya
Tolkien: Mahroush
Morpurgo: Tyler
Pullman: Kyle

Mrs Siddall's Attendance Award
Dahl Class – 99.4%

Award for
Outstanding Manners
Ffion – Walliams
William – Dahl Class

PE Award
Elsie – Dahl Class

Spelling Award
Seuss & Cowell Class

Random Act of Kindness
George – Dahl Class
Aarueran – Cowell Class

ATTENDANCE

The national expectation for attendance is 96%. The government has clarified the position regarding the term 'regular' attendance. It means children must be in school **EVERY DAY**. Every second counts at Perryfields. We must work together to improve attendance and punctuality even more.

Year 3	98.1%
Year 4	98.4%
Year 5	98.3%
Year 6	95.7%



Coming Up This Term

Thursday 12 th December	Whole School Pantomime Trip – email sent 18 th September. Please make payment through your ScoPay account
Friday 13 th December	Christmas Jumper (Save the Children) and Dinner – details to follow
Friday 13 th December	Christmas Fayre – (Amended Date) email sent 11 th November
Tuesday 17 th December	Year 4 Christmas Service – details to follow
Thursday 19 th December	School Ends – Early finish at 1.30pm

Parents of current Year 2 children at an infant school need to make a formal application to the Council for a Year 3 place and can do so via the website www.essex.gov.uk/admissions.

The junior admission round opened on **4 November 2024**, for parents of children in Year 2 at an infant school to apply for a junior school (Year 3) place for September 2025.

The statutory national closing date for applications is **15 January 2025**.

Applications can be made online via www.essex.gov.uk/admissions.

All of the application information is available on the website above.

Please see below our NEW menu for after half term

Please note that we can also provide a packed lunch if your child would prefer this. This will be either the baguette, wrap or soft roll and also includes a drink, fruit, cucumber sticks and the dessert of the day.

		Week: One				
		Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Meat	Pepperoni pizza	Chicken Chunks	Mini toad in the hole	Cheese & Potato Wheels	Omega 3 Fish Fingers
	Vegetarian	Cheese & Tomato	Quorn dippers	Mini Quorn in the hole	Cheddar Cheese Wheels	Cheese Quesadillas
	Gluten Free	As above	Chicken Goujons (if available)	Mini toad in the hole	As Above	Fish Fingers
	Jacket Potato	Cheese & Beans	Tuna & Beans	Cheese & Tuna	Beans & Cheese	Tuna/Chesse & Beans
	Side Dish	Pasta salad	Noodles Chioce of sweet 'n' Sour or BBQ Sauce	Mash Potatoes Gravy	Wedges & Bean	Chips & Beans
	Vegetables	Sweetcorn & Salad bar	Salad bar & Peas	Country mixed Veg	Salad bar	Salad bar
	Packed Lunch	Wraps	Baguettes	Baguettes	Baguettes	wraps
	Dessert	Fresh Fruit or Yoghurt	Schools choice of sponge Cake	Chocolate Flapjack	Fresh Fruit or Yoghurt	Chocolate Anzacs
	Drinks	Milk or Water	Milk or Water	Milk or Water	Milk & Water	Milk or Water

Bowling's great. bowling's fun bowling is for Everyone

"So much fun it bowled me over"

"Have fun at Falcon Bows"

Falcon Bowling Club



"Bowling is Fun"

"Young and Old can enjoy Bowling"

"Come Bowling"

"Come and beat me at bowls"

"Enjoy Falcon Bowling"

FREE bowling for under 18's

Contact Falcon Bowling Club for more information
01245 443666 - www.falconbowlingclub.co.uk
Channels Drive, CM3 3FB (off Essex Regiment Way)

ALL QUOTES ARE FROM CHELMSFORD SCHOOL CHILDREN



Publish date: 06/02/19

What parents need to know about AGE RATINGS

If you have children, it is understandable to have concerns about the films and TV shows they watch, as well as the games they play. In this guide, we take a look at the two official ways you can assess if a particular title is suitable for your child. Both the BBFC and PEGI have search facilities on their websites that can be used to look up individual titles so you can check their ratings.



RATINGS FOR FILMS, TV & MUSIC VIDEOS

Since 1912, the BBFC (British Board of Film Classification) has informed UK residents of the age suitability of films, TV and music videos - providing parents with the information needed to assess whether or not it is appropriate for their child's age. This applies to cinema releases, DVDs and streaming video services such as Netflix.

WHAT ARE THE BBFC RATINGS?

BBFC ratings are broken down into seven age categories:

Universal, suitable for all ages	Parental Guidance required	Suitable for people aged 12 and over	Suitable for people aged 12 and over, anyone younger than 12 can be accompanied by an adult
Suitable for people aged 15 and over	Suitable for people aged 18 and over	Adult content only available in specially licenced cinemas and specialist retailers	

WHAT ELSE CAN BBFC REVEAL?

Accompanied with the age suitability rating, BBFC also provide an additional warning regarding the content and what to expect, such as swearing, sexual content, violence and anything you may consider to be inappropriate for your child. In addition to this, the content is also rated in three levels: frequent, mild or strong.

LIMITATIONS OF BBFC RATINGS

It's important to note that there is no obligation on streaming video services to use or display BBFC ratings. Due to this, we advise that you check the rating online before your child streams the content. It may also be a good idea to watch the content first yourself or discuss it with other parents to help you decide whether or not it is suitable for your child.

Source: www.bbfc.co.uk

RATINGS FOR GAMES

PEGI (Pan European Game Information) is a content rating system that ensures all video games are labelled with a minimum age recommendation. These age recommendations are based on the types of content featured within a game. With each game, PEGI also provide a content descriptor that indicates the potential issues and concerns, including sex, violence, bad language and drugs.

WHAT ARE THE PEGI RATINGS?

PEGI ratings are split into age restriction and content descriptors. Additional 'content descriptors' help parents and children to understand the type of content featured within a particular game, including sex, fear, bad language, discrimination, gambling, drugs, violence, and in-game purchases. In combination, the two different ratings can provide a good level of information to help make informed decisions regarding the suitability for your child.

PEGI age ratings are broken down into five categories:

www.pegi.info	www.pegi.info	www.pegi.info	www.pegi.info	www.pegi.info
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PEGI content descriptors are broken down into eight categories:



LIMITATIONS OF PEGI RATINGS

It's possible for young people to buy games online without a required proof of age, opening them up to age-inappropriate content without you knowing. We advise that you regularly monitor your child's gaming activities and maintain a honest and healthy dialogue with them about the online world.

PARENTAL CONTROLS

It is a good idea to put in place parental controls for all online accounts which your child may use to purchase or download online games e.g. The App Store, Google Play Store, PlayStation Store and Microsoft Xbox Store etc.

Source: www.pegi.info





CHELMSFORD CATHEDRAL

CHOIR TASTER SESSIONS

21ST OCTOBER, 4TH AND 24TH NOVEMBER FOR GIRLS
23RD OCTOBER, 6TH AND 27TH NOVEMBER FOR BOYS

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23RD OCTOBER, 6TH AND 27TH NOVEMBER FOR BOYS

Do you know a child who loves to sing? Chelmsford Cathedral is excited to offer a unique opportunity for children in years 3-6 to be involved with the Cathedral Choir.

To help families learn more about the opportunities available in the Cathedral Choir, Chelmsford Cathedral is hosting a series of taster sessions for children. These sessions will be held after school at the Cathedral, starting on 21st October for girls and 23rd October for boys, and are open to all. No prior musical experience is necessary—just enthusiasm and a love for singing!



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What's it like to be in the Cathedral Choir?

Being a chorister not only provides free, high-quality musical training. Choristers also develop confidence, teamwork, and leadership skills in a supportive environment. The opportunity to perform at a professional standard alongside experienced musicians can also lead to enhanced academic performance through increased discipline and dedication. Children also build lifelong friendships and enjoy travel opportunities with the choir, all while earning choir pay.

"We believe that the love of music fostered at Chelmsford Cathedral will stay with our choristers for the rest of their lives," says Emma Gibbins, Director of Music at Chelmsford Cathedral. "Our choir offers not just musical training but a nurturing community that supports personal growth and lifelong friendships."

For more information or to reserve a place at a taster session, please contact Emma Gibbins, Director of Music, on 01245 294454 or email emma.gibbins@chelmsfordcathedral.org.uk

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If you can't make the date or time
all paid for talks are recorded and available for 48 hours afterwards

Monday
25th Nov

19:00 - 20:00
FREE



FREE SESSION

Decreasing Depression

A range of steps that can help to reduce the crippling impact of depression.

Thursday
7th Nov

19:00 - 21:00
£24



Supporting a Child with ADHD

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
12th Nov

19:00 - 21:00
£24



Anxiety-Based School Avoidance

Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

Monday
18th Nov

19:00 - 21:00
£24



Understanding Anger: Yours and Theirs!

What is anger? Why do we have it? How do we manage it in ourselves and in our children?

Thursday
21st Nov

19:00 - 21:00
£24



Supporting Healthy Screen Use

Clarifying the difference between healthy screen use and unhealthy screen use. Addressing concerns about blue light and sedentary behaviour.



OCT/NOV TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each

If you can't make the date or time all paid for talks are recorded and available for 48 hours afterwards

Book online at facefamilyadvice.co.uk

FREE SESSIONS Introduction to Facing Defiance Decreasing Depression	24 OCT 25 NOV
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Improving Family Communication	4 NOV
Anxiety-Based School Avoidance	12 NOV
Anxiety Explained	14 NOV
Understanding Anger	18 NOV
Drug Awareness for Parents	19 NOV
Supporting Healthy Screen Use	21 NOV
What is ACT?	26 NOV
Understanding Addictive Behaviour	28 NOV

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk

ACL

COMMUNITY & FAMILY LEARNING

FREE

ONLINE WORKSHOPS
FOR
PARENTS & CARERS

NEW session
subjects added
regularly!

SETTING BOUNDARIES
MANAGING BIG EMOTIONS
UNDERSTANDING CHILDREN'S ANXIETY
SAVE ENERGY, SAVE MONEY
WINTER BUDGETING



SCAN ME

FOR MORE INFORMATION, OR TO ENROL ...[SCAN QR CODE](#), [CLICK HERE](#), [OR VIEW WEBSITE](#),
[NEED HELP? EMAIL ACLFAMILYLEARNING@ESSEX.GOV.UK](mailto:ACLFAMILYLEARNING@ESSEX.GOV.UK)



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Essex County Council