

# Menu Autumn Term *starting w/c 30/10/23*

## Week: One

						
Main course	<b>Meat</b>	Homemade Pizza Wheel	Bolognese (contains Beef)	Chicken Pie	Pork Sausage	Omega 3 Fish Fingers
	<b>Vegetarian</b>	Homemade Cheese & Onion Rolls	Quorn Bolognese	Quorn 'chicken' pie	Vegetarian Sausage	Homemade savoury Cheese muffins
	<b>Gluten Free</b>	Gluten Free Pizza Wheel	As above	Gluten Free Chicken Gravy Pie	Gluten Free Wrap (Tuna, Cheese or Ham)	Gluten Free Fish Fingers
	<b>Jacket Potato</b>	Tuna/Cheese	Tuna/Beans	Baked Beans/Cheese	Tuna/Cheese	Tuna/Cheese/Beans
	<b>Side Dish</b>	Coleslaw Baked Beans	Pasta Garlic Bread	Sweetcorn Gravy	Hashbrown Baked Beans	Chips Baked Beans
	<b>Vegetables</b>	Sweetcorn Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	<b>Packed Lunch</b>	Wrap (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)	Soft Roll (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)
	<b>Dessert</b>	Fresh Fruit Yoghurt	Sponge Cake & Chocolate Custard	Oat Cookie	Fresh Fruit Yoghurt	Flapjack
<b>Drinks</b>	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk	

## Week: Two

						
Main course	<b>Meat</b>	Fishwich	Sticky Chicken Fillet	Pork Sausage with mashed potato	Macaroni & Cheese	Chicken Chunks
	<b>Vegetarian</b>	Spicy Bean Burger	Quorn Fillet	Quorn Shepherds pie	Macaroni & Cheese	Cheese Pinwheel
	<b>Gluten Free</b>	Gluten Free Wrap (Tuna, Cheese or Ham)	As Above	As Above	Gluten Free Macaroni & Cheese	Gluten Free Chicken Nuggets
	<b>Jacket Potato</b>	Baked Beans/Cheese	Baked Beans/Tuna	Tuna/Cheese	Tuna/Cheese	Baked Beans, Cheese or Tuna Mayo
	<b>Side Dish</b>	Potato Wedges	Crispy Cubed Potatoes and Baked Beans	Gravy	Crusty Bread	Chips Baked Beans
	<b>Vegetables</b>	Salad Bar Sweetcorn	Salad Bar	Mixed Vegetables	Sweetcorn Salad Bar	Salad Bar
	<b>Packed Lunch</b>	Baguette (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)	Soft Roll (Tuna, Cheese or Ham)	Baguette (Tuna, Cheese or Ham)	Wrap (Tuna, Cheese or Ham)
	<b>Dessert</b>	Fresh Fruit Yoghurt	Apple Crumble and Custard	Toffee Crispy Bar	Fresh Fruit Yoghurt	Homemade Cake
<b>Drinks</b>	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk	

