



## PJS PSHE Curriculum

At Perryfields Junior School, Personal, Social, Health and Economic (PSHE) education is a subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children and young people to stay healthy and safe, while preparing them to make the most of life and work.

### Our curriculum **Intent** (PSHE & RSE)

- Meet National Curriculum objectives, including those outlined in the statutory guidance on relationships education, relationships and sex education (RSE) and health education (DfE June 2019).
- Provide an ambitious spiral curriculum to develop knowledge, skills and attributes, where prior learning is revisited, reinforced and extended year on year.
- A thematic approach to PSHE education, covering three core themes in each year group: Health and Wellbeing; Relationships; and Living in the Wider World.
- Topic areas adapted to meet the children's stage of development and needs, reflecting the context of the school and local community.
- Successful differentiation within lessons to support and challenge individuals, including the acquisition of knowledge and skills that are appropriate to the age and stage relevant to the learner.
- Provide a strong foundation to be successful in life by developing essential skills for building positive, enjoyable, respectful and non-exploitative relationships, as well as skills and knowledge required to stay safe both online and offline.
- Empower children to build self-esteem, ask questions, offer opinions and listen to those of others, have an open mind, respect themselves and others.
- Enhance children's cultural capital through making links to everyday life and their own community.

### How we **Implement** our intent

Teachers reinforce an expectation that all children are capable of achieving high standards in PSHE. Teachers create an inclusive, safe and empowering environment within their classrooms to provide a framework within which sensitive discussions can take place. Our whole school approach to the teaching and learning of PSHE involves the following:

- PSHE is taught throughout the year for 1 hour each week.
- PSHE lessons follow a 6-part lesson structure which enables pupils to deepen knowledge and understanding.
- The PSHE curriculum uses the New National Curriculum and the PSHE Association Programme of Study that identifies key contents and skills to be taught, as well as fulfilling the statutory guidance on relationships education, relationships and sex education (RSE) and health education (DfE June 2019). This has been developed and

produced by the PSHE subject leader in consultation with all school staff, parents and governors. A long term plan and medium term plan inform short term planning.

- Through clear planning, we provide opportunities for children to develop knowledge and skills across each year group and become more independent learners.
- Children are encouraged to ask their own questions and be given opportunities to build upon their own cultural capital.
- Planning involves teachers creating engaging lessons, involving high-quality resources to aid understanding of knowledge.
- Teachers use precise questioning in class to test knowledge and skills, and assess children regularly to identify those children with gaps in learning, so that all children keep up.
- High quality AFL used in all lessons to support and challenge pupils' knowledge and understanding.
- Teachers model how to be good citizens, including speaking and listening, and act as positive and inspiring role models using clearly established ground rules.
- Children are taught in a safe and non-judgemental environment where they are encouraged to ask questions: an 'ask it basket' is used to enable children to ask questions anonymously. Staff will then respond to these questions in an age and stage-appropriate manner, signposting children towards suitable sources of information, where appropriate.
- Enrichment days offer additional knowledge and understanding and enable children to make meaningful links to the real world (e.g. NSPCC Day).
- Children are given opportunities to reflect and build on prior/previous knowledge and link ideas together through continuous revisiting of knowledge and skills (Do Nows/ Knowledge Organisers).
- The PSHE curriculum reflects the wider ethos, values and principles of the school: whole school learning/celebration of a variety of British values throughout the school calendar in assemblies; Healthy Schools PE award and the Daily Mile; House leaders and representatives, including annual elections; School Council, Eco Warriors and Digital Leaders; extra-curricular clubs; Change4Life; playleaders and reading ambassadors.

#### The expected **Impact**

- Most children **will** achieve age related expectations in PSHE at the end of their cohort year.
- Children are curious about PSHE and enjoy learning about the world around them.
- Children retain knowledge and skills pertinent to PSHE and can relate this to their own lives.
- Children can question ideas and reflect on their own understanding.
- Children feel safe enough and confident enough to ask questions to deepen and broaden their knowledge and understanding.
- Children will become well-rounded citizens who are able to form healthy relationships built upon mutual respect and tolerance of others.